

The Fairlingtonian

Vol. 1 No. 5 October, 1971

GUARDIANS OF OUR CHILDREN



Billie Boyden

Every weekday from 8:30 to 9:15 A.M., from noon to 12:45 and from 3:30 to 4:00 P.M., Fairlington's children are kept safe by the Arlington County Police Department Crossing Guards on approaching or leaving our Elementary Schools.

At South Abingdon Street, Mrs. Walter Boyden stands guard over children on the last approach to the Abingdon School. The children call her "Billie" and it seems that each child leaving the School has a question or seeks a bit of advice. Maybe they find security in the firm, no-nonsense approach she has, requiring but an instant's reflection before she gives the "word" and passes them carefully on their way.

Billie has lived in Fairlington for 15 years and has served with the Arlington County Police as a Crossing Guard for some five years. Mr. Boyden is Purchasing Agent for Fairfax County. Their daughter, Deborah, is a Senior at Wakefield High School.



Mrs. Penix

Serving presently at 31st Street and Abingdon, but soon to be stationed at 31st Street and Woodrow, is Mrs. Garry Penix.

Mr. Penix is an Auditor attached to the Federal Power Commission and their children are Cindy, ten, and Anthony, seven. The Penix family resided in Fairlington until their growing family caused them to purchase their own home.

Mrs. Penix has served as a Crossing Guard for almost four years now. Her duty station causes her to not only serve the children but passersby who sometimes seek information from a guardian of the law. At hand to make prompt response, Mrs. Penix has a notebook. A quick glance at it and she gives precise and concise advice and directions, as needed.

At the Fairlington School, Mrs. Nettie Motley has a warm, lovely smile for each contingent of children and for each passerby, so that they go on their way cheered and with their own smiles highly visible.

Mr. and Mrs. Hershel M. Motley have lived in Fairlington for the past 9 years and have two children, Ronnie 14 and Pamela 11. Mr. Motley is with the Life Insurance Company of Virginia and is close to home with his office at BradLee.

For all her gracious ways, Mrs. Motley observes all that happens about the Fairlington School and is always on the alert to meet any situation which might develop on her "beat." Drivers proceed with due caution, aware of her eye on them all the way.

These fine women fill a great need to keep Fairlington's children secure as they plunge out of school, huddled in earnest consultation with their fellow students or adrift in dreams for which they are finally free for the day.

Be sure these Crossing Guards have the full weight of the law behind them - the Arlington County Police Department, in particular, and the residents of Fairlington in general. And they can "make it stick"

As sure evidence of their alertness and concern, each Guard expressed to me their hope for the active cooperation of Fairlingtonians in efforts being made by our Women's Clubs to reinstate and expand the "Mother's Helping Hand" program in our community.

Under this plan, those residents who do not fare forth to work daily place a reasonably large sign of a hand in the window indicating that they are a participant. Children seeking help of any kind know they may go to that house in sure knowledge that the care or assistance they need is to be had. Thus a frightened child, whether justifiably or not, may seek asylum right at hand, or help in calling their parents, or a bandaid on a cut, or someone to call the Fairlington Fire House should the difficulty be a big one.

This is such a fine community project that Fairlingtonians may well wish to express their willingness to participate.

When we pass our own Crossing Guards let's be sure to have a big smile of appreciation ready to give and do let us be careful of our driving with a constant thought for the heedlessness of children who want to be on the other side of the street right now.



Nettie Motley

SCHOOLDAYS. . SCHOOLDAYS

The School Calendar for October
October 11 - Columbus Day Holiday
October 14-15 - Parent-Teacher Conferences (P.M.)
October 21-22 - Parent-Teacher Conferences (P.M.)
October 25 - Veterans Day Holiday

Fairlington Elementary School

The Extended Day Program has a full enrollment of 25 children for the afternoon session, which is under the direction of Mr. Steve Conafay, a University student, and there is a waiting list at this time: The morning session, under the direction of Mr. Stout, the Fairlington Physical Education Instructor, has a few remaining vacancies.

Miss Carolyn White will coach cheerleaders for the FAIRLINGTON MUSTANGS. All those interested should call her at 931-8086. School picture-taking is set for October 5. October 9 is the tentative date for showing the PTA movie.

Abingdon Elementary School

A PTA meeting is scheduled for October 19 at 8:00 P.M. Business scheduled is approval of the 1971-72 Budget. Special features of the meeting will be a Reception for Mr. Kiernan, the new Principal, introduction of his staff and a tour of the new School wing.

On October 2 the movie BIG MOUTH will be shown at the school, with an admission fee of 50c, at 10:30 A.M. until Noon and at 1:00 P.M. until 3:00 P.M. Pre-school children must be accompanied by an adult.

YOUR HOME

By Spencer Rixse, President
Fairlington Improvement Association

Home is where you hang your hat! True, but very true. Fairlington is home to us and as such I am sure you share with me a desire for the Community to be the best around.

All too often there is a tendency to look at our present home as a stepping stone or transient quarters. Such an approach frequently results in a disinterest in our immediate environ. Tragic, but true. The results are around us.

I am pleased to say that many of our neighbors extend that little extra effort to police their own immediate outdoors area as well as their basements. It would make for a better, cleaner, more liveable community if we all cooperated.

Your Fairlington Improvement Association is soliciting from you, at your convenience, suggestions relative to problems, activities and programs that are of interest to you. Whatever interests you will be of concern to others in the community. Please be kind enough to jot your thoughts down and drop a note to the FIA c/o the Fairlington Rental Office.

The Fairlington Improvement Association will be holding a general meeting this Fall. Your desires will be given considerable attention in the development of the meeting agenda. Let us hear from you.

Fairlington Junior Women's Club

By Carol Dunmore,

The Fairlington Junior Women's Club held its first meeting of the Club year on September 14. Ann Horne, of the Alexandria LaLeche League was the guest speaker, talking on the art of breastfeeding. A brief business meeting followed by refreshments. We thank all those interested residents who attended.

The October 12 meeting will feature a speaker from the Tuberculosis Association in conjunction with Clean Air Week. Helpful hints on how we, as residents of Fairlington, can help combat pollution will be stressed. All interested residents are cordially invited to attend this program.

Currently the Club is engaged in the sale of one week passes to the European Health Spa to benefit our charitable crusades. If anyone is interested in obtaining a pass, contact Sandy LeBlanc at 931-3228. Future fund raising projects include an open Tupperware party and a rummage sale.

The Club meets the second Tuesday of each month at 8:00 P.M. in the rental office.

For further membership information, please contact Maureen Simoniz at 931-5537.

The Fairlingtonian

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for the residents of Fairlington.

Eve Sahner
Editor

3118 S. Abingdon Street
Arlington, Virginia 22206
931-2100

A Word From Eve

Editor, The Fairlingtonian

Sorry — did you look for the article on usage and proper ceremonial for the Flag? There was just so much to be included in the last issue that there just was not room and I forgot to take out the reference in this column. Anyhow, it is in this month, so there you are!

Here Ye. . . Here Ye. . . All those who have earned the right to spend their days under a tree enjoying life - if that is your way of! — are you aware that Arlington County has become the first governmental agency in the State to pass a tax relief ordinance for the benefit of those over 65 years of age. The Virginia Code has been amended to permit local governments to decree an ordinance — effective on next January 1 — providing for the exemption or deferral of real estate taxation under certain conditions relating to total combined income, net combined financial worth and amount of land owned, etc. Anyone owning property anywhere in the County should check into this situation come tax time.

One of the greatest innovations, to my mind, is the program initiated by the Arlington County Department of Libraries offering library service to shut-ins. The Red Cross and Visiting Nurses Association, in conjunction with their other fine services, will deliver reading materials to those who are unable to call at the Library due to illness or disability. Upon request, as I understand it, a librarian will pay a visit to the shut-in in order to determine the type of books and material which would be most enjoyed. Material available includes books with large print and talking books, incidentally, and all needs will be met if possible. Full information and registration for this service may be effected by calling the Library at 527-4777.

Speaking of retirees - where are our elder statesmen and their helpmeets in Fairlington? So many Fairlingtonians have lived here for many years, we must have many older men and women with much to contribute to all of us. **Come On In and Say Hello.** Please do. Let us know what you are thinking and doing and what would make you happier? We would love to hear from you and to carry forward your word.

You may or may not concur but one of the things that drives your editor up a tree is pedestrians who are invisible up to the moment of truth. You somehow manage to miss them and mutter the rest of the way home that something should be done. Well! Something is!

John Hanna, Director of the Highway Safety Division of Virginia has announced a statewide program called "Hot Dots", developed in cooperation with the Federal Department of Transportation.

It appears to be very simple yet entirely effective. "Hot Dots" are reflectorized stick-ons to be placed on clothing or visible material being carried by pedestrians along the highways. They are to be kept available for use in case of car trouble which necessitates walking along the highway. All persons who walk our roads after dark, particularly when visibility is poor due to mist, fog, on-coming traffic, etc. The plan now is for distribution to be made by cooperating service stations in conjunction with a publicity drive this fall. Sounds great. Let's do it.

The Alexandria Public Health Department—in the 22d year of operation of its Health Testing Program — has scheduled a multi-test health check open to all persons over 15, to be held at 517 N. St. Asaph Street, from 9-5 on October 4 through October 8. Chest x-rays will be given by the Potomac Tuberculosis and Respiratory Disease Association and the Virginia State Department of Health. The sickle cell test for anemia will be part of the program as well as tetanus injections for lockjaw. A special feature will be heart testing for males over 40 by an electrocardiogram analyzer to be followed by an electrocardiogram where needed. Test results, where indicated, will be passed along to personal physicians. These tests are only to help in early detection of ailments so that the most effective treatment may be had without delay.

"I had the meanest Mother in the world!"

"While other kids ate candy for breakfast, I had to have cereal, eggs, and toast. When other kids had Cokes and candy for lunch, I had to eat a sandwich.

"My Mother insisted on knowing where we were all the time. You'd think we were on a chain gang. She had to know who our friends were and what we were doing.

"I am ashamed to admit it, but she actually had the nerve to break the child labor law. She made us WORK.

"I forgot to mention that my friends were dating at the mature age of 12 and 13, but my old-fashioned Mother refused to let me date until I was 15.

"My Mother was a complete failure as a Mother. None of us has ever been arrested! And who do we have to thank for this terrible way we turned

Dee Frohman
4675 S. 34th Street
Arlington, Va. 22206
I would be interested in exhibiting my art work in the Fairlington Art Show on October 16.
Name.....
Address.....
.....
Telephone.....

out? You're right! Our mean Mother!

"As a result, I am trying to raise my children to stand a little taller, and I am filled with pride when my children call me mean.

"You see, I thank God for giving me the meanest Mother in the world. I would say that this country doesn't need a good five-cent cigar. It needs more mean Mothers and Dads!"

FAIRLINGTON ART SHOW IS ALIVE AND WELL!!!

By Dee Frohman

Date: Saturday, October 16, 1971

Place: 31st Street & S. Abingdon Street Lawn next to Firehouse & adjoining Administration Building

Time: 10:00 A.M. to 5:00 P.M.

In case of rain: Meeting Room in Basement of Administration Building
For entries & any questions call me at 931-6480

It is good to report that our Art Show has generated an enthusiastic response and my thanks to all persons who have responded. Those who have not indicated their interest may still enter the show and I look forward to hearing from more of our Fairlington artists and craftsmen.

Yes, there will be a junior group. Children from ages ten to 16 may enter their work in all categories. Too, because of the interest expressed in handicrafts, needlework, knitting, crocheting, decoupage - any kind of craft may be entered.

The following are a few guidelines for exhibitors:

There is no entry fee. Entries will be accepted up to opening time of the show. Paintings need not be framed. You may exhibit as many as you wish.

Work may be sold at the show.

Each painting or article should be tagged with title, name of artist and price. If not for sale, simply use initials NFS instead of price.

Each exhibitor will be entirely responsible for his own work and for manner of display. It is suggested that someone be with each exhibit for the duration of the show. Exhibits left unattended are at owner's risk as Fairlington assumes no responsibility for loss.

Prizes will be awarded at 4:00 P.M. and the artist must be present to accept the prize.

It is suggested that card tables be brought for display of handicrafts. A chair should be brought for exhibitor's use.

Most ingenious manner of display will receive a special prize.

Fairlington Senior Women's Club

By Helen Fredgant, President

The Annual Fashion Show held by the Woman's Club of Fairlington will be held on Wednesday, October 13, at 8:00 P.M. at the Fairlington Methodist Church. Lady Hamilton will present the newest fashions for Fall and Winter, 1971. The donation will be \$1.75.

The money the Club nets from the Fashion Show goes into the Scholarship Fund. The Club has just "launched" their fourth "Marguerite Zwerner Memorial Scholarship Assistance" recipient, Pamela Robinson, at Mary Washington College. Pamela is a resident of Stafford Street, Fairlington, until last month.

The Woman's Club of Fairlington has previously helped three other Wakefield High School graduates - one through two years of college and the other two through four years. Two of these were also Fairlington girls.

The Woman's Club is open to new members. The first meeting will be held October 5 at 7:30 P.M. at the Fairlington Administration meeting room. Come and introduce yourself. New members will be initiated at our November 2 meeting. There will be another such ceremony later in the year. For information call Membership Chairman, Mrs. Edward Higgs, any time, at 931-1741 (3046 S. Buchanan Street) or Mrs. Helen Fredgant, President, 931-6292, after 8:00 P.M.

Other Community projects the Club assists, with funds and time, are the Northern Virginia Mental Health; Tapes for the Blind; the Arlington Symphony, Arlington Libraries; two State Education Scholarship aids; help to send a child to camp and Easter Seals distribution.

Many individual members of the Senior Woman's Club give their time to other fine community organizations. They encourage the youth of our community, through the schools, in Music, Art, Literature and Sewing competitions sponsored by the State Federation of Woman's Clubs Fine Arts and Crafts Program.

On the "fun" side, the Woman's Club has a Bridge group, a "Wine and Cheese-tasters" Group. They have at last two pot-luck suppers a year, a Christmas party and they visit many places of interest in the area on special trips.

HOBBY CORNER

By Eve

The Potomac Valley Guppy Club has a large membership in Fairlington, I am told, and I must confess that the Club's announcement of the 1971 Fall Fish Fair to be held on Saturday and Sunday, October 23 and 24, 1971, at the Hospitality Room, Coca Cola Bottling Plant, 5401 Seminary Road, Alexandria, open to everyone and to all types of fish, gave me an insight I had not previously had into these little fish. Surely all of us had a fishbowl of guppies and retain an affection for them.

There will be six Exhibition Classes with Awards as follows: Trophies for 1st in each Class and sub-class; Ribbons for second and third; One Best of Show Trophy, Guppy; One Trophy for Best Home Spawner which includes Classes II, III & IV, and Rotating Trophy for Dealers Class.

The Classes are set up as "I. Guppies", "II Livebearers", "III Egg Layers", "IV Cichlids", and "V Set Tanks", and "VI Dealers."

Entries will be accepted from 9:00 A.M. until Noon, Saturday, October 23, with judging to begin as soon as all entries are ready. Entry fees are nominal.

The public is invited from 2:00 P.M. until 5 P.M. on Saturday and from 10:00 A.M. until 3:00 P.M. on Sunday. There will be a raffle at 2:30 P.M. Sunday. Awards will be given out at 3:00 P.M. Sunday. There will be an auction after the awards are given out; the PVGC will receive 25% of the selling price. For specifics and answers to any questions raised, interested persons may call Mr. Eugene T. Aldridge, Jr., at 931-7526.

GO, TEAMS, GO!

Fairlington Sponsors Three Teams in Boys Football Leagues

By Don Runyon, Sports Editor

With a game or two under their belts, the two 70-pound and one 80-pound teams sponsored by Fairlington are making a name for themselves in local boys football leagues.

Our teams are the MUSTANGS. Their playing field is smaller than the pro's and so is the ball. But they play with all the fervor and excitement of the Redskins. Come see what we mean, and put a special "kick" in your Saturdays!

The "GREEN" MUSTANG 70-pound team is coached by Reyes Rodriquez, with help from Jack Faylor and Tito Leuterio.

Members of the Team are: Randy Faylor, Chuck Shanks, Gerry Leuterio, Andrea Pulliam, Marty Austin, Chris Flippen, James Hubbard, Robby Stone, Steve Brunelle, Joey Evans, Jimmy Fuller, Beau Dawson, Peter Green, Robbie Long, Mark D'Aiuto, Norman Davis and Gregg Berio.

The "WILD" MUSTANG 70-pound team is coached by Eddie Murphy with help from Cal Wilson, Ralph Surerez and Andy Kostelnik.

Team members are: Steve Doran, John Perry, William Reed, Donald O'Connell, Bill Wilkerson, Freddy White, Lee Branham, Donald Tinsman, Jeff Temples, Jeff Kostelnik, Bill Jones, Tom O'Brien, Larry Blair, Chuck Shallcross, Mike Landon, Rusty Murphy, Evans Smith and Donald Marshall.

Both the GREEN and the WILD MUSTANGS are in the west league and play at Annandale High School. To reach the playing fields, proceed west on Route 236 through Annandale and left on Medford Drive. The 70-pounders play each Saturday through November 20.

The FAIRLINGTON MUSTANG 80-pounders play in the Arlington County league. They are coached by George Hauter, with help from Dan Phillips, Dave Schaumberger, William Campbell and Dean Gronkiewicz.

Team members are: Keith Allen, Terry Johnson, Kenneth Miller, Willie Brundage, Lewis Gant, Paul Curtis, John Russell, Chris Berio, Joe Grzeskawicci, Mike Hibner, Keith Ford, Roger Nasta, Michael O'Brien, Greg Forster, Rick Harper, Charles Dooley, Ronald Straughn, Marck McIntosh, Willie Gorner, Bernard Brownlee, Curtis Benton, Jerry Midkiff, Jim Edmondson and Scott Younger.

Their 10-game schedule continues through November 13, and the playing field is Bluemont Recreation Center, Manchester Street, off Route 50 near Seven Corners.

Commissioners for the team in the Annandale League are: Joan Faylor, Green Mustangs and Susan Wilkerson, Wild Mustangs.

Paul Snider is Athletic Director for the football teams.

RECREATION PROGRAM

Department of Environmental
Affairs, Arlington County

Fall Class Schedule 1971

CHILDREN:

Abingdon School, Arts & Crafts Class
6-9 yrs, Fri., 3:45-4:45 pm
for 10 weeks
10-12 yrs, Fr. 5:00-6:00 pm
for 10 weeks

Fairlington School Arts & Crafts Class
6-9 yrs, Mon. 3:45-4:45 pm
for 10 weeks
10-12 yrs, Mon. 5:00-6:00 pm
for 10 weeks

A nominal fee will be required for supplies.

Fairlington School

Ballet Beg. 1, 5-8 yrs. Tues.
3:30-4:30 pm

Ballet Beg. 1, 9-12 yrs. Tues.
4:30-5:30 pm
for 10 weeks - Fee \$5.00

ADULTS:

Fairlington - Slimnastics -

Wed. 6:30-8:00 pm for 10 weeks - no fee

Fairlington - Christmas Craft Wksh.
Ses. I

Wed. 7:30-9:30 pm, 4 classes,
\$5.00 fee

Gift-wrapping - Oct. 12-Nov. 2

Fairlington - Christmas Craft Wksh.
Ses. II

Wed. 7:30-9:30 pm, 4 classes,
\$5.00 fee

Decorations Nov. 9 through Nov. 30.
Classes will begin week of October 4
unless otherwise indicated.

Classes, after-school playgrounds and
lighted school programs will not meet
on any National Holidays.

After-School Playgrounds:

Abingdon, weekdays, 3:30-5:30 pm

Fairlington, weekdays, 3:30-5:30 pm

Lighted Schools

TEENS: Abingdon, Thurs.

7:00-10:00 pm

ADULTS: Fairlington, Wed.

8:00-10:00 pm

Horseback Riding

Available for children and adults at
Deerfield Horse Center beginning Oct.
2 for 9 weeks. Additional info call 558-
2154

For information on coming winter
and spring attractions, call Dona Kerr,
District Supervisor at 558-2566.

Programs planned are:

Adults - Intermediate Cooking

Teens - Beginning Cooking

Adults - Interior Decorating

Teens & Adults - Golf Instruction

Children, Teens & Adults -

Tennis Instruction

Teens & Adults - Oil Painting

Other classes may be offered if enough
interest is indicated by Gunston
District residents. To offer suggestions,
call 558-2566.

Social Recreation Leadership Workshop

By Priscilla R. Urner,
Director Public Relations

Are you fresh out of ideas for
"mixers" and program techniques for
a conference you are planning? Do
you want to learn some songs that will
appeal to your civic association or
women's club affair?

See Social Page 4

NEWLY ELECTED PTA OFFICERS

The newly elected Parent Teachers
Association Officers are:

President: Frank Darby
Vice-President: Bernice Dirlik
Treasurer: Troy Blanton
Secretary: Sara Puckett
Corres. Sec.: Jackie Gallahan
Historian: Helen Whittle
Parliamentarian: Nathaniel Avery

There is not any way in which the
value of the contribution to America's
children by the PTA can be over-rated.
Parents and teachers can, through the
Organization, bring into closer
relationship the home and the school
and thus cooperate intelligently in the
training of a child and, through united
efforts, secure for every child the
highest advantages in physical, mental
social and spiritual education.

The National Congress of Parents
and Teachers, founded in February,
1897, consists of 52 state and
territorial branches. It is the largest
volunteer organization in the world.

In March, 1904, the Cooperative
Education Association of Virginia was
founded, the organization which
became the basis of the parent-teacher
movement in Virginia. While the
Cooperative Education Association was
still operating (until 1933) there was
begun in 1920 the Virginia Branch of
the National Congress of Parents and
Teachers and at a convention held by
these two organizations in November of
1933, a merger was approved thus forming
the present Virginia Congress of
Parents and Teachers.

A Parent-Teacher Association,
frequently called a PTA, is a self-
governing unit which plans its
programs and activities to meet the

needs of children and youth in the community.

It is linked through its membership to
the Virginia Congress and the National
Congress of Parents and Teachers. The
bylaws of the local unit are based on
those of the National and Virginia
Congresses and are subject to approval
by the Virginia Congress every five
years.

The National Congress has over 12
million members united by objects and
principles and there are 52 branches,
over 47 thousand local associations.
The Virginia Congress has approximately
three hundred thousand members,
over 1000 units.

The basic policies and guiding
principles, which are the same for all
levels of the PTA, affirm that the
organization shall:

**Be educational and to gain
knowledge of the growth, develop-
ment and needs of the child, to foster
study as a basis for action; and to en-
courage the contribution of whatever is
needed to promote the welfare of
children and youth.**

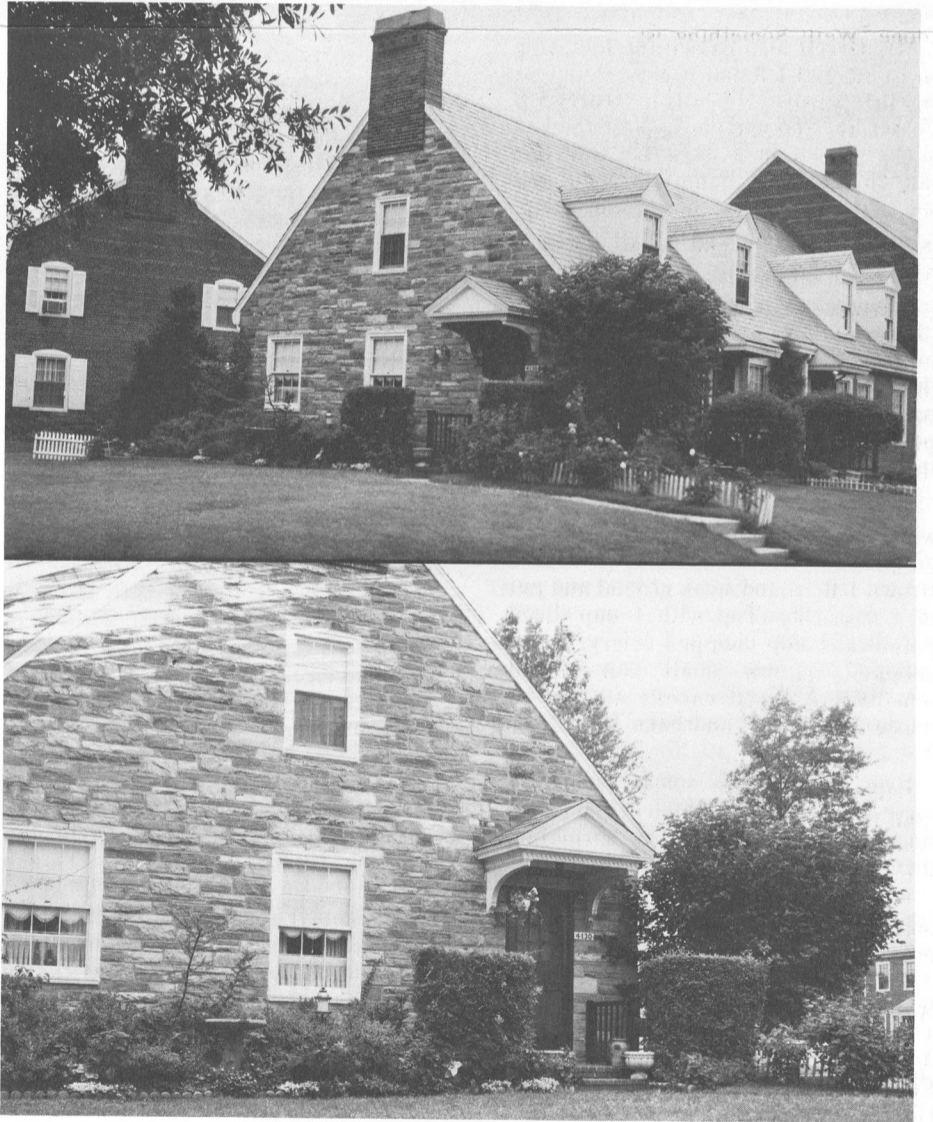
Be non-commercial, non-sectarian
and non-partisan.

Cooperate with school officials, and
with other organizations and agencies
whose goals are in keeping with the
PTA objects.

Support legislation on the basis of
issues and principles, not on candidates
or political parties.

Support projects which encourage
education, friendliness and service and
avoid commercialism and exploitation
of children.

The Parent Teachers Association
warrants the active, participating sup-
port of all to accomplish its noble aims.



Beautiful landscaping adorning the house of
Mr. and Mrs. Bruce W. Powers, who is to
consult on Fairlington grounds im-
provements.

EPICURES CULINARY EXCHANGE

By Eve

An open invitation to all Cordon-Bleu and/or self-educated chefs, male or female, professional or amateur, self-styled or publicly acclaimed - to do the "generous" and share the wealth with fellow Fairlingtonians.

The following are to show the way. Why not try them out and see what you would add to them!

Our good friend, **Mr. Carl Orrell**, answered my plea for a **good onion soup recipe** as, he stated, he knew just the taste I was seeking. He also reported he had discovered a really good onion soup in Saigon! His recipe, however, comes from Quebec Province and he guarantees it to be excellent. So here is **Mr. Orrell's Onion Soup Gratine:**

8 medium onions (about 2 lbs)
4-6 tbsps unsalted butter
6 cups beef stock
6 thick slices dry french bread
Edam cheese

Peel and slice onions thin. Melt butter in heavy metal saucepan until light brown, add onions and cook 20 minutes - (keep uncovered first ten minutes and covered next ten) - over low heat stirring five or six times. Brown onions but do not burn! Add beef stock, bring to a boil, season to your taste and simmer uncovered for 20 to 30 minutes taking care it does not boil.

Place soup in earthenware casseroles, top with toasted bread lightly buttered, and cover bread with slices of edam cheese. Place in 500° oven until cheese is puffy and golden brown.

Mr. Orrell also passed the following on to me and I found it easy, delicious and inexpensive. He calls it "**Hurry Up Casserole**." To one package of chicken thighs placed in a casserole add one can chicken and dumpling soup and one can of golden mushroom soup. Bake in oven one and a half hours at 350° and serve with rice.

Sausages will shrink less and not break at all if boiled about eight minutes before they are fried. Try adding sausage meat to plain pancake batter or combine with leftover mashed potatoes, form into patties and brown in a sizzling frying pan.

Here's another **inexpensive recipe**, while we are about it, which tastes great!

Brown 1 lb. round steak ground and put in a casserole. Top with 1 cup diced potatoes, 1 cup chopped celery, 1 cup chopped onions, small can stewed tomatoes, 2 sliced carrots and 1 can mushroom. Cover and bake at 350 for 2 - 2 1/2 hours.

Ever wonder how some restaurants serve **fried potatoes** which are so temptingly golden brown? Try sprinkling them lightly with flour before frying.

How about an **Arabian** dish to brag on like **Stuffed Grape Leaves**. Try this on your in-laws.

To serve three adults, doubling or tripling as needed:

1 jar California Grape Leaves*
3/4 lb round steak ground
Equal volume Uncle Ben's Converted rice
Salt and Lemon pepper

2-3 pkgs lamb necks (you may have to order these in advance)

1 medium size can tomatoes plus 1/2 cup water

Peel* and dry off grape leaves. Season with salt and lemon pepper and mix ground round steak and rice. Place about a tsp full at edge of grape leaf, roll edge over, fold in one side and then the other and continue rolling until all of leaf is used. (These will be very small when rolled so do not be concerned. They can be rolled the previous day if needed due to the time factor.)

In large deep pot place lamb necks with can tomatoes and 1/2 cup water. Place stuffed grape leaves on top and simmer for **four hours**.

Drain excess liquid, add juice of 2 fresh lemons and simmer 20 minutes longer.

Serve the entire dish with a 1/4 slice of lemon, plain yogurt and a salad. Utterly Devine!

*California leaves are easiest to handle and may be obtained at the "Steak & Sack" delicatessen at Bailey's Crossroads. Incidentally lamb dissenters fear not, necks have no lamb taste when served.

*Peel grape leaves in sink full of water or rinse carefully as they are packed in brine.

VARIATION: Get jar pickled squash, remove from brine for at least 24 hours and stuff lightly and carefully with mixture, and cook over lamb necks in the same way for 2 hours, however. Use just can tomatoes as added water not needed. Serve as suggested for Stuffed Grape Leaves.

SOCIAL

Would you like to learn a few simple games to teach your **Scout group** or your **pre-schoolers**? Would you like to dance the **Tiniklin**, the **Patch Tanz** or the **Troika**?

The **Arlington County Recreation Division** is repeating its popular **Social Recreation Leadership Workshop** on four successive Thursday evenings, from 7:30 to 10 P.M., starting on September 30, at the Lubber Run Recreation Center, 300 North Park Drive.

An outstanding staff will conduct the four sessions. **Dr. Adah Parker Strobell**, Associate Professor in the Department of Recreation at the University of Maryland, will lead off on September 30, discussing Leadership Techniques, Games and Social Recreation Activities.

On October 7, **Percy Scott**, Director of the Veterans Memorial YMCA of Arlington, will present Song Leadership and Recreational Music Activities.

Dr. Strobell returns on October 14 with **Program Planning, Singing Games and Informal Dramatics**.

The last session will feature **Folk Dances of Many Lands** as taught by Sarah Stulberg, Leader of the Arlington County International Folk Dance Group.

A nominal registration fee of \$1.00 includes a valuable workbook of program materials. Registration can be made by sending a check for \$1.00, made out to the Kenmore District Recreation Fund, to Lubber Run Center, 300 North Park Drive, Arlington, 22203. For more detailed information call 558-2153.

NOTES FROM THE FIREHOUSE

By George S. Duffey, Chief
Fairlington Volunteer Fire Dept.

On October 8, 1871, legend has it, **Mrs. O'Leary's cow kicked over a lantern**. This touched off the great **Chicago fire**. Before it was over, nearly \$200 million worth of property was destroyed and at least 250 lives were lost.

The fire spread from one house to another — from one block to another and all efforts to contain it were fruitless.

This was Chicago's darkest moment. However, the embers had not yet cooled when relief supplies started pouring in. The world's press spread the story. Many towns sent money and supplies.

This was big news for days, completely overshadowing the fact that **another great disaster had taken place**.

Most of us know about the Great Chicago Fire but how many of you have ever heard of **Peshtigo, Wisconsin**? Near there is a memorial of the **1871 fire that ravaged northeast Wisconsin**.

This took place October 9, 1871, **one day after the Chicago fire**. The World Almanac lists 1,182 dead in this **terrible woods fire that wiped out most everything in its path** until it at last burned itself out. This was the era of wood buildings and budding fire departments.

Today we have more brick buildings, fire proof buildings and firemen are highly trained and have equipment undreamed of not too many years ago.

Yet, we still have fires. . . big fires. . . little fires. . . tragic fires. **Each year more than a half million homes in the United States have a fire and hundreds of children die in tragic fires each year.**

Every year the **National Fire Protection Association** calls attention to this tragic situation by setting aside a **week to educate the public in Fire Prevention**. This year's week, **October 3 through 9 falls on the One Hundredth Anniversary of the Great Chicago Fire**.

Most fires are caused by human error — the person who **leaves a radio or television on while not in attendance** or while he or she is gone for the weekend.

In **Fairlington**, many calls are the result of **food burning**. It is not good practice to leave food cooking on the stove while you run over to the store, or go shopping. Often one forgets to turn the burner off.

The **best practice is to check everything before you go out**. Make it a point to **unplug appliances, check your stove burners, check your ashtrays**. Above all do not tidy up by dumping your ash trays into a trash basket. **Trash basket fires spread** and can destroy your apartment.

If you do have a fire, try and stay cool. In **Fairlington call Ja. 7-8900**. In Arlington call 527-8000.

Get out of the apartment and let the firemen take over. However, if you are expecting firemen, please do not lock them out as you leave. It just makes for a little more work.

Of course if **your fire is a hot one**, get out and call from a neighbor's house.

If you have children, teach them to respect fire. **Do not leave cigarette lighters or matches where a small child can have access to them**. Children are not fireproof.

Incidentally, when you buy clothing for **your child**, ask for **fire retardant material**. You probably will be unable to obtain it, but if enough people demand it, who knows?

If you don't make an ash of yourself in the meantime, next time we will discuss **careless smoking habits**.

Wave as you go by.

HOW TO DISPLAY THE FLAG

The display of the Stars and Stripes is governed by law and by custom both of which insure a proper respect and decree certain observances for its use, insuring that it receive the courtesies to which it is entitled.

When the **flag is displayed from a staff** projecting horizontally from any part of a building, the union of the flag (blue field) should go to the peak of the staff.

When the flag is displayed in **any manner other than from a staff**, it should be displayed flat, either vertically or horizontally with the union uppermost and to the flag's own right, or the observers left.

When **carried in procession** with other flag, the Stars and Stripes should be either on the marching right or, in the case of a line of other flags, it should be in the front of the center of that line. In the case of display of state or city flags or other, the American flag should be at the center or at the highest point of the group.

When **hung over the middle of a street**, the flag is to be suspended vertically with the union to the north, in an east-west street, or to the east in a north-south street; when displayed with another flag from crossed staffs, the U.S. flag should be on the flag's own right, and its staff should be in front of the staff of the other flag.

When the flag is to be **flown at half-mast**, it should be hoisted to the peak for an instant and then lowered to the half-mast position and again before lowering, it should be raised to the peak. When used to cover a casket, the Stars, and Stripes should be so placed that the union is at the head and over the left shoulder. It should not be lowered into the grave nor allowed to touch the ground.

When flags of two or more nations are flown they should be on separate staffs of the same height and of approximately equal size as **International usage** forbids the display of the flag of one nation above that of another nation in time of peace.

Our Nation's flag must always be raised and lowered by hand, unfurled and then hoisted quickly to the top of the staff. It must be lowered slowly and with dignity and nothing may be placed on or over the flag.

PHOTO COVERAGE of Decoration Day Festival

Richard Houghton, Photographer, may be reached at Du 8-3103
or 931-7941 should prints of any photo be desired.



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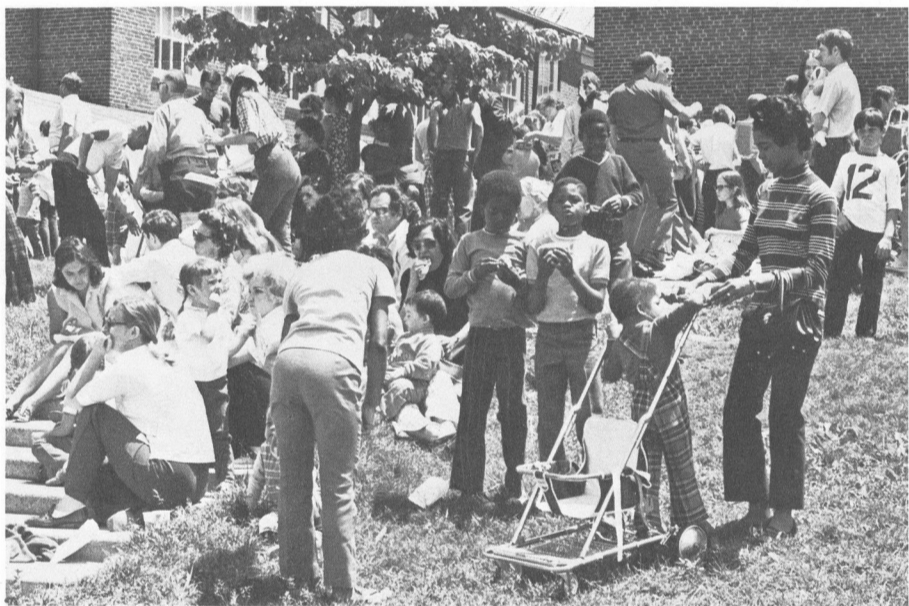




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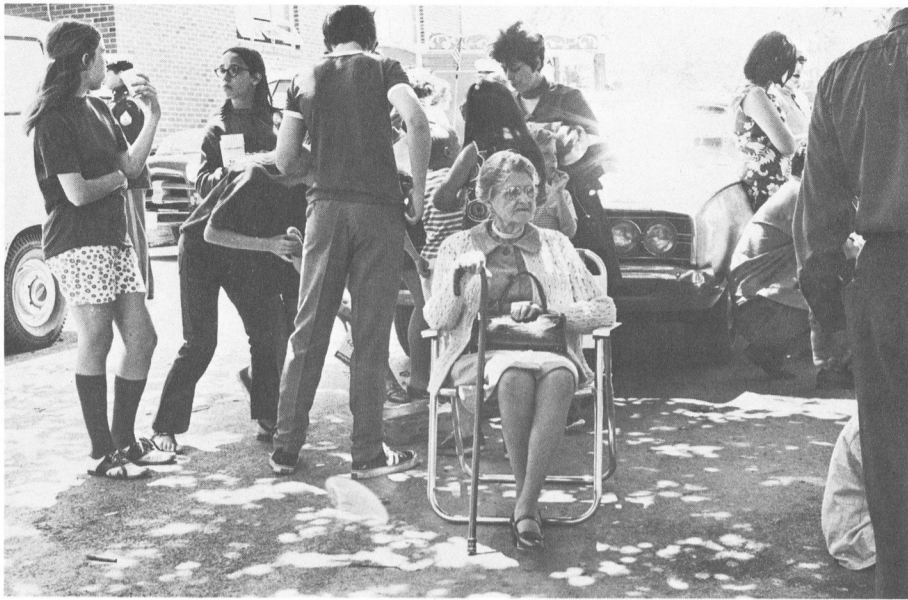
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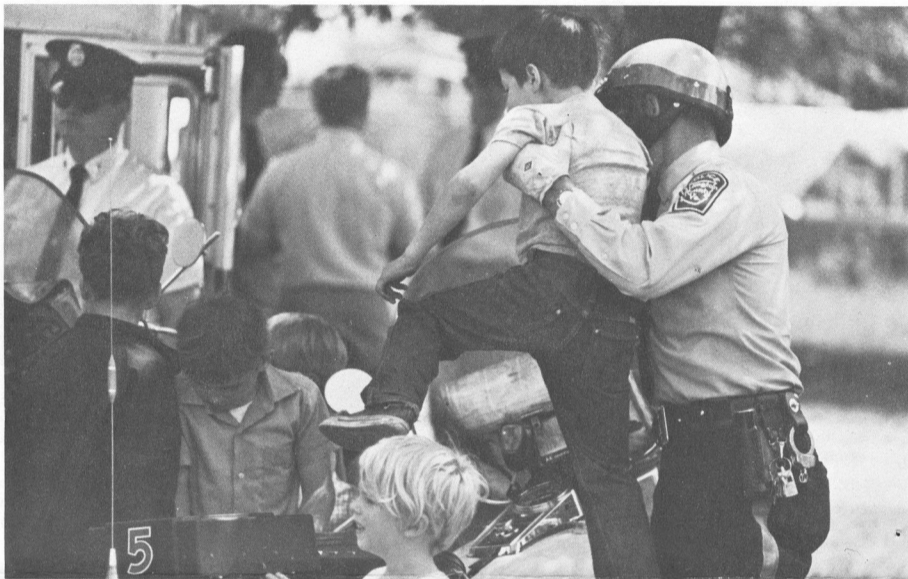
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